THE Breast Cancer Survivor’s Guide by Loh Siew Yim helps empower breast cancer patients to navigate through their treatments until recovery and provide them with crucial self-managing skills.

The comprehensive 193-page workbook can help patients to better understand their role in managing their illness.

The book is on sale for RM42. For details, call University of Malaya Press at 03-7957 4361/03-7967 5906 or email terbit@um.edu.my.

nadia@nst.com.my